

pet pause...



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Is It Safe to Diffuse Essential Oils Near Your Pets?



Do you like to diffuse essential oils, but are nervous about their effects on your dog or cat? Essential oils are safe to diffuse near pets if done properly. If not performed properly, it can result in headaches and fatigue. There is a theoretical risk of essential oil toxicity to cats much more so than dogs. This is likely because cats lack liver enzymes that are important in the metabolism of many essential oil constituents. The risk of toxicity

increases with the ingestion or dermal application of a large quantity of essential oils.

A report from the *Journal of Veterinary Diagnostic Investigation* describes the toxic and lethal effects of applying 20 milliliters of tea tree oil to the skin of cats as a treatment for severe flea bites. However, small amounts of any essential oil should not harm a pet.

As long as an appropriate amount of essential oil is added to a diffuser (typically between one and six drops), the room is properly ventilated and diffusion occurs for only a limited amount of time (20 to 60 minutes, depending on the oil), essential oil diffusion is safe for both dogs and cats. If diffused properly, a few parts of essential oil per million parts of water vapor will be dispersed, which is not likely to be harmful.

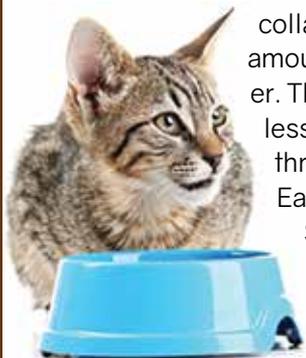
For more information, visit DrJessNorris.com.

No Worries: Cats Naturally Eat Less in Summer

Take Appetite Swings in Stride

A study from the University of Liverpool School of Veterinary Science has found that cats naturally eat less during the summer, indicating that owners can take such appetite swings in stride.

The researchers studied 38 cats for four years. Their collars were implanted with a microchip that recorded the amount as they ate as much as they wanted from a dispenser. The team found that cats ate an average of 15 percent less in hot weather. Their eating decreased from June through August and increased from October to February. Eating levels were intermediate in the spring and fall. Study author Dr. Alex German observed, "Cats are more inclined to comfort eat when it's cold outside, likely to be due to the extra energy they need to keep warm when out and about."



CRITTERTOWN BATHHOUSE & MARKET

Crittertown BathHouse & Market is a family-owned business started in 1996 and is the first self-service pet wash in the region.

Our self-service bathhouse is excellent for bonding with your pet, is a cost-effective alternative to grooming/washing services and most bathers are in and out in 30 minutes, leaving the fur and dirt behind.

In the market we offer a selection of thoughtfully sourced, natural treats, supplements and foods. We carry popular collars, leashes, harnesses, accessories and toys.

CrittertownBathhouse&Market
2819 Hathaway Rd
Richmond, VA 23225
804-320-1096
Crittertown.com



REDRIDGE PET MARKET

Family-owned and -operated pet market that offers everything natural. We specialize in all-natural foods (raw, freeze-dried, dehydrated, air-dried, canned and dry diets). Schedule an appointment with us to pick the appropriate diet. We Also Offer:

- Natural Treats & Chews
 - Toys & Outdoor Gear
 - Training Aids & Training Gear
 - Natural & Organic Supplements, Herbs and Tonics
 - Toys, Beds & Cages
- Home Delivery - Shipping - Auto Ship Available!

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